

REIMAGINED

Women Leading Through Hard Times

Join the NC ACE Women's Network for the next conversation in this series:

REIMAGINING REST: LEARNING TO CULTIVATE WELL-BEING

October 7, 2021 | 4 – 5 p.m.

Link to zoom registration below

Self-care has become a familiar phrase these days. Messages everywhere exhort women to take time for ourselves; usually that time is presented as a day at the spa or an evening of wine and peaceful silence. For many of us, those are nice ideas but unlikely options.

So what would it look like to think differently about taking care of ourselves, our colleagues, our treasured relationships, of our communities themselves? Join us as we think together about prioritizing wellbeing-- personally, professionally, and institutionally.



Register [here](#) to attend!